

Zestra®

Essential
Arousal Oils™

*Each Zestra
packette is filled
with essential oils*



How Zestra® Works

Many women say that feelings of desire, arousal and sexual satisfaction do not happen as naturally as they would like. Zestra was developed to provide a much needed option for all women to feel more sexually satisfied.

Zestra is a safe, patented blend of botanicals oils and extracts, created to help women feel more — effortlessly. Topically applied Zestra works within minutes by heightening your sensitivity to touch – for deep, pleasurable sensations, sexual satisfaction and fulfillment.

After applying Zestra to the clitoris and labia, the effects – the Zestra Rush™ – begin for most women within 3 to 5 minutes and last for up to 45 minutes.

Important Information for You to Know about Zestra:

- Recommended by doctors and other women's healthcare professionals.
- Clinically documented to be safe and effective.
- Hormone-free and paraben-free.
- Topically-applied.
- Works within 5 minutes, peaks at 10 minutes AND lasts up to 45 minutes.
- Comes in convenient, single-dose personal packettes.
- Has no known drug interactions.
- Is made of botanical ingredients and is harmless if ingested.

Using Zestra®

Zestra comes in convenient, single-dose personal packettes and a multi-dose bottle with a pump that keeps the essential arousal oils and extracts fresh and safe from light.

- If you use the Zestra individual packettes, then open the packette across the top, starting at one of the grooves on either side.
- If you use the Zestra multi-dose bottle, then remove the cover of the bottle and pump the needed amount.
- You or your partner gently massage the contents of Zestra Essential arousal oil onto the clitoris, labia and outer areas of the vagina.
- Within 3 to 5 minutes, you will begin to feel initial sensations- the Zestra Rush.™ These effects will peak at about 10 minutes and last up to 45 minutes.

- If you use Zestra Glide or a personal lubricant for comfort during sex, apply Zestra Essential Arousal Oil first. Wait five minutes for Zestra to begin to work, and then apply the lubricant. You must apply Zestra Essential Arousal Oil first to experience the Zestra Rush.

Zestra can be used as often as you like – including during each sexual experience.

** Most women find that one packette is the right amount. However, some women find a ½ packette is enough while others prefer more. We recommend trying one personal packette first, then adjusting, if necessary, the next time you use Zestra.*

Medical & Safety Information

- Do not use if you have a known hypersensitivity (allergy) to any of the ingredients in Zestra.
- Do not use Zestra with LATEX condoms as latex condoms are not compatible with oil-based products. Zestra is safe to use with polyurethane condoms only, as they are specially designed for use with oil-based products.
- Do not use if you are pregnant, nursing, or trying to conceive.
- Zestra does NOT provide protection from Sexually Transmitted Diseases (STDs).
- Zestra is NOT a contraceptive and does NOT contain spermicide.
- Do not use if you have any type of vaginal infection or irritation such as a yeast infection. If you believe you have a yeast infection, consult your healthcare professional for treatment and wait until the infection is resolved before using Zestra.
- Women with known vulvar and vaginal hypersensitivity (vulvar vestibulitis, vulvodynia, lichen sclerosis), vaginal pain or recurrent infections should use Zestra only after a discussion with a healthcare professional.
- Zestra has no reported interactions with any medication.
- Zestra should be stored at room temperature. Do not store in direct sunlight, and do not refrigerate or freeze.
- Zestra personal packettes are tamper-evident. Do not use if ripped or torn.
- Avoid contact with eyes. If eye contact occurs, rinse with water to remove.
- Keep out of reach of children.